



Community Hospital-Fairfax is proud to bring you Speed and Agility Training by our Physical Therapy Team, Jay Stanton, DPT and Amber Zumbrennen, DPT.

This training will include an assessment of each athlete and a program built to their needs. The goal of this program is to build speed and agility in an effort to reduce possible sports injuries in the future.

**Dates:** Tuesday and Thursdays

May 30

June 1, 6, 8, 13, 15, 20, 22, 27 and 29

July 11, 13, 18 and 20

**Time:** 9 to 10 a.m. (We may extend to two sessions beginning at 9 and at 10 if there are sufficient numbers.)

**Location:** Heartland Recreation Center, Tarkio

**Grades:** 7-12<sup>th</sup>

**Cost:** \$100 (Scholarships are available by calling (660) 686-2317)

## REGISTRATION

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Athlete Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Legal Guardian Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Physician: \_\_\_\_\_ Physician Phone: \_\_\_\_\_

Cost: \$100

Please make check payable to: Community Hospital-Fairfax (Due first day of camp)

Circle Preferred T-Shirt Size:    S        M        L        XL        2XL

**Please return bottom portion of this form to your high school front office or to return to PO Box 107, Fairfax, MO 64446; Fax to (660) 686-2618; or Email to [anns@fairfaxmed.com](mailto:anns@fairfaxmed.com)**