

Colonoscopic Examination Instructions

1. Please make an appointment to see your physician _____
2. Your physician's telephone number is _____
 - **DO NOT** stay alone. A responsible adult should remain with you for 2 to 3 hours after your examination. No driving or operating machinery today.
 - You may eat and drink 1 hour after your examination. You may have a light breakfast and lunch. You may resume a normal diet at supper time unless your doctor instructs you differently.
 - You may experience some rectal bleeding of approximately 1-2 tablespoons.
3. Observe the needle injection site for tenderness. If there is tenderness, apply warm compresses and cover. If it does not improve, call your physician.
4. Report to your physician:

Abdominal distention
Abdominal pain
Temperature elevation of 100 degrees
Vomiting
Rectal bleeding over 2 tablespoons of blood

These signs and symptoms usually become apparent in the first 24 to 48 hours. If present, contact your physician.

If any of the above should occur, **DO NOT EAT UNTIL INSTRUCTED TO DO SO BY YOUR PHYSICIAN, OR THE PHYSICIAN HAS SEEN YOU.**

5. Additional comments:

6. If any questions arise, call your physician. Please feel free to call the surgery department, Monday through Friday (7:00 AM to 3:00 PM) at (660) 686-2211. At night you may contact one of the nurses on duty for advice.

I hereby accept, understand and can verbalize these instructions:

Date: _____ Time: _____ Witness: _____

Discharge Time: _____ Patient or responsible party: _____

Patient released to the care of: _____

(Proper name)