



Press Release: CH-F hosts "Ask A Doc" Luncheons in Holt & Atch. Counties

Several people had their questions about heart health answered in Rock Port and Mound City as part of Community Hospital-Fairfax's "Ask A Doc" luncheons. The meetings were held for the public to learn about cardiopulmonary services and heart health information through the hospital.

On Tuesday, Feb. 23, in Rock Port, Cardiologist Scott Coatsworth, MD answered the crowd's questions about medication, daily exercise and preventing heart disease. Many guests asked questions about family history and heart related problems later in life. Guests were treated to a free lunch, blood pressure checks, glucose checks and free wellness and diet information from hospital staff members.

On Tuesday, March 19, in Mound City, Cardiologist Jeffrey Watkins, MD and family practitioners Eduardo Fernandez, MD and Maria Espejo, MD visited with guests. Many of the questions centered around medication and ways to prevent heart problems.



Betty Lindsay, LPN does a blood pressure check for Julee Howell, Rock Port. Most guests took advantage of the free screenings at the event.



From Left: Maria Espejo, MD, Eduardo Fernandez, MD and Cardiologist Jeffrey Watkins answer the many questions guests at the Mound City "Ask A Doc" luncheon had.