



Press Release: Special Deliveries for 2 CH-F employees

Date: Tuesday, August 13, 2009

CH-F covers bases of caring for sports injuries

The start of a new school year is just around the corner, and for parents with student athletes, that can mean added worry about injuries.

Dr. Aron Burke, an avid sports fan who has an interest in sports medicine, treats and witnesses many injuries during the school year while attending sporting events and in his practice. He explains that many athletes experience typical injuries, such as sprains and strains, most of which can be treated locally. To determine the severity of an injury, an MRI can be performed at CH-F, available Mondays and Saturdays.

If an injury is severe and your local or family physician feels it needs specialized care, your treatment may be continued through Community Hospital-Fairfax's orthopedic clinics, available several days each month.

As an integral part of treatment, athletes can attend physical therapy and rehabilitation at CH-F.

"We tailor rehab to what is needed, whether it is returning range of motion to a joint or strengthening and regaining control of whatever area of the body is injured," Brad Howe, PT said. He added that it is his personal goal to get athletes back on the field or court as soon and safely as possible.

Physical therapy patients must have a physician's referral to initiate treatment and their physician's approval before returning to sports activities. If you would like to contact the CH-F physical therapy department, call 660-686-2211 ext. 262